



## delicious food for health, weight loss + well-being



## Gluten free bread

A delicious home made gluten free bread that can be served for both sweet and savoury toppings. Great toasted in the morning a topped with almond butter and honey or fresh avocado, spinach and soft poached organic egg. A high in protein and alkaline bread that's also rich in omega 3 for a healthy immune system.

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